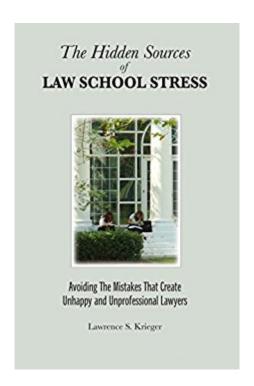
# The book was found

# The Hidden Sources Of Law School Stress: Avoiding The Mistakes That Create Unhappy And Unprofessional Lawyers





# Synopsis

This brief book has been purchased for students by more than half the law schools in the United States, Canada, and Australia. It tells you why law school can be so stressful (p.s. -- it's not what you think!), and why it doesnâ ™t have to be that way. The content combines the experience of generations of law students and lawyers, many law teachers, and 40 years of scientific research on what determines whether you will be happy, anxious, or depressed. The author is a recognized expert in attorney and law student well-being. He recently completed the largest in-depth study of lawyer mental health to date, involving several thousand lawyers in four states.

## **Book Information**

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## **Customer Reviews**

As a law school dean of students, I can say that this booklet is the best piece I have ever seen written on this topic for current law school students and for those who work with them.. It encompasses and explains the key issues for law students, who find it hard to sort out the real source of their stress and how to address it. The booklet is brief and plainly written so that the information is thoroughly accessible, and the advice is extremely helpful. Truly excellent!

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The Hidden Sources of Law School Stress: Avoiding the Mistakes That Create Unhappy and Unprofessional Lawyers Trypophobia: Real, Terriffying and you defenetely have it: phobia, fear, anxiety, stress, overcome, trypophobia (Stress, Anxiety, Depression, High Pressure, Unhappy, Stressed) SHTF Prepping: Ultimate Guide to Dirt Cheap SHTF Prepping; Prepare Your Stockpile and Ensure Survival in Any Disaster While Avoiding Common and Deadly Mistakes Litigation-Proof Patents: Avoiding the Most Common Patent Mistakes The Smart Prepper: Avoiding Beginner Mistakes Ketogenic Diet: 13 Common Ketogenic Diet Mistakes You Need to Avoid (ketogenic diet, ketogenic diet for beginners, ketogenic cookbook, ketogenic diet recipes, ketogenic diet mistakes, ketogenic plan) How to End an Unhappy Marriage: An Essential Guide to Letting Go Emotionally, Preparing Yourself Mentally, and Moving On Physically - (When to Get a Divorce) When to End a Marriage ) International Relations, International Security, and Comparative Politics: A Guide to Reference and Information Sources (Reference Sources in the Social Sciences) Wholesale Sources: With more than 200 Product Sources for your eBay, , Flea Market and E-Commerce store. Create a Successful Blog in 5 Days: How to Start Right and Avert Newbie Mistakes Law School Confidential: A Complete Guide to the Law School Experience: By Students, for Students The Law School Admission Game: Play Like an Expert (Law School Expert) Model Bar Exam Writing: Law school books / Law school exams - Help@CaliforniaBarHelp.com The Law School Personal Statement Handbook: The Definitive Guide to Writing Your Personal Statement for Law School Nursing Practice and the Law: Avoiding Malpractice and Other Legal Risks Magnetism and Synchrotron Radiation: Towards the Fourth Generation Light Sources: Proceedings of the 6th International School "Synchrotron Radiation ... 2012 (Springer Proceedings in Physics) How To Create Word Forms With ActiveX Controls (How To Create Forms In Word & Excel 2010) Hack Your Mind to Become Bulletproof: How to control perceptive filtering, create happiness on command, interrupt destructive patterns, unlock the power ... to Create a New Future Series Book 1) Homeopathic Guide to Stress: Safe and Effective Natural Way to Alleviate Physical and Emotional Stress Anxiety, Guilt, Shame, Depression, Loss, Illness and Injury, Negative Effect By Robert M. Sapolsky - Why Zebras Don't Get Ulcers: The Acclaimed Guide to Stress, Stress-Related Diseases, and Coping - Now Revised and Updated (Third Edition) (8/16/04)

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